

“BE WATCHFUL, STAND FIRM IN THE FAITH, ACT LIKE MEN,
BE STRONG. LET ALL THAT YOU DO BE DONE IN LOVE.”

1 CORINTHIANS 16:13-14

ND26 - BECOMING MEN

THE MAN I'M BECOMING

A FORMATION GUIDE

RETURN TO THIS AT ONE MONTH, THREE MONTHS & SIX MONTHS



SCAN FOR TALKS + A DIGITAL COPY



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MY VISION

WHO IS JESUS SHAPING YOU TO BECOME?

I want to be a man known for...

Write Here

The people I want to become this man for are...

Write Here

The one thing I want to see God form in me is...

Write Here

What does it cost the people around you if you stay where you are?

This question is meant to sting a little. Let it. A vision that only holds on good days isn't strong enough.

Write Here

THREE DOMAINS

What does this man look like in each area? Write one or two sentences.

CHARACTER

Who do you want to be
when no one is watching?

Write Below

COMMUNITY

What do you want to be
known for by the people
around you?

Write Below

CONTRIBUTION

What difference do you
want to make to the
people and places
around you?

Write Below



PRACTICES THAT FORM ME

HABITS DON'T JUST REFLECT WHO YOU ARE. THEY FORM WHO YOU'RE BECOMING.

You don't drift into the man in your vision. You partner with the God who's forming him, practice by practice, day by day. These disciplines aren't a performance for God. They're the training ground where he forms you. Every one of these is only as powerful as what they're aimed at: becoming like Christ, knowing him more fully, being remade into the man he made you to be.

PICK ONE TO START. BUILD FROM THERE.

SCRIPTURE Tells you the story you actually live in, who God is, who you are, why you're here, by showing you Christ on every page. You won't feel it rewriting you most days. It is rewriting you. *Try: one chapter every morning before your phone, every day.* **FORMS: IDENTITY, WISDOM, KNOWLEDGE OF GOD.**

PRAYER The daily practice of bringing yourself fully to a Father who actually wants to hear you. It trains you to depend rather than control. *Try: set aside time each day to talk to God about your fears, frustrations and what you want to see happen.* **FORMS: HUMILITY, INTIMACY WITH GOD, PEACE.**

SILENCE The noise doesn't just distract you. It numbs you to God and to yourself. Silence is the discipline that makes both audible. *Try: five minutes before bed each night, no phone, no music, just stillness, write down anything that came to mind.* **FORMS: SELF-AWARENESS, ATTENTIVENESS, INNER QUIET.**

FASTING Saying no to the flesh and yes to the Spirit himself. Proves to your body that your spirit leads. *Try: skip lunch one day each week and use that hunger to pray.* **FORMS: DISCIPLINE, SELF-MASTERY, HUNGER FOR GOD.**

COMMUNITY Going deeper with a people, not just people you like but people you're committed to. Sin and shame thrive in isolation. Being truly known is not weakness. It is the design. *Try: be faithful to church/youth and regularly check in on a friend.* **FORMS: ACCOUNTABILITY, ROOTEDNESS, RESILIENCE.**

ABSTINENCE Phones, games, anything pulling your attention toward a version of yourself you don't want to be. Take a deliberate period without it, to train self control. *Try: pick one thing to give up for a month and notice what changes in you.* **FORMS: SELF-MASTERY, CLARITY, FREEDOM.**

SERVICE Gets your strength moving outward. It Breaks the inward pull that keeps boys bound in immaturity. *Try: look for one regular way to serve your family, church or community without being asked.* **FORMS: GENEROSITY, MATURITY, PURPOSE.**

MY COMMITMENT

The practice I am starting with: Write Here

When and how (be specific, vague intentions don't stick): Write Here

What might you need to lay down or give up to make room for this?
Write Here



MY MENTOR

IS THERE A MAN YOU LOOK UP TO, WHOSE LIFE YOU WANT TO LEARN FROM?

Most men don't have anyone genuinely investing in them. That doesn't have to be you. Find a man whose faith is real, whose character holds up in private. Ask him for a coffee, a walk. Tell him you want to learn. Most men worth learning from will say yes, because someone did it for them.

Name...

Write Here

What questions should I ask him?

Write Here

What are they holding you accountable to?

Write Here

RETURN TO THIS

COME BACK TO YOUR VISION.

Ask yourself what has changed, what has held, and what needs to be renewed.

THREE DOMAINS

What does this man look like in each area? Write one or two sentences.

1 MONTH

Date: _____

What has changed?

What needs to grow?

What do you need to revisit?

3 MONTHS

Date: _____

What has changed?

What needs to grow?

What do you need to revisit?

6 MONTHS

Date: _____

What has changed?

What needs to grow?

What do you need to revisit?

Martin Luther King never saw his dream. **Dietrich Bonhoeffer** was executed weeks before the war ended. **The apostles** were scattered, imprisoned, and killed. None of them saw the full fruit of what they gave their lives for. But they planted orchards they would never eat from, because they were following a man who did the same. Jesus gave his life so a new world could be born, and then he rose to prove death had lost. That is the story you have been invited into. Not a safe one. Not a comfortable one. The greatest one ever told.